INDIVIDUAL AND SOCIETY
ASSIGNMENT
(BEGC 131)

Programme: BAM/BAG/2026/2027
Course Code: BEGC 131
Max. Marks: 100

There are three sections in this assignment attempt all the sections

SECTION A

20 Marks

1. Read the following passage and answer the questions that follow:

5 × 2 = 10 Marks

Travel can be much more than visiting new places. It gives us an opportunity to meet people, understand different ways of life and look at our own habits from a fresh perspective. A thoughtful traveller respects local customs, avoids wasting natural resources and tries to support local communities.

Tourism, however, can also place pressure on the environment. Popular destinations often face problems such as litter, traffic, water shortage and damage to natural surroundings. Responsible tourism therefore requires travellers to make sensible choices. Using public transport, avoiding single-use plastic, respecting wildlife and buying locally produced goods are small steps that can make a difference.

Travel also teaches patience and adaptability. Plans may change, languages may be unfamiliar and food may be different from what we are used to. Learning to respond calmly to such situations makes travel a valuable experience. In this way, a journey can help us understand not only other places and people but also ourselves.

Answer the following:

a. How can travel help us understand other ways of life?
b. Mention two problems caused by excessive tourism.
c. What is meant by responsible tourism?
d. How does travel teach adaptability?
e. Suggest a suitable title for the passage.

2. Match the words with their meanings:

5 × 2 = 10 Marks

a. Perspective
b. Customs
c. Resources
d. Adaptability
e. Responsible

i. Ability to adjust to change
ii. Traditions and accepted practices

iii. A particular way of looking at something
iv. Acting with care and awareness
v. Useful materials or supplies

SECTION B

3 × 10 = 30 Marks

1. Write a speech on **"Small Steps towards a Healthy Lifestyle."**
10
2. Two friends are planning an affordable holiday together. Write a dialogue between them.
10
3. Write a report on a cultural festival organised in your institution or locality.
10

SECTION C

50 Marks

1. Write an email to a tourist information centre asking for details about accommodation and local transport.
10 Marks
2. Write an essay on **"Cultural Diversity Makes Society Richer."**
20 Marks
3. Write a letter to a friend recovering from an illness, suggesting simple ways to regain health and fitness.
20 Marks

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Answer

a. Travel helps us understand other ways of life by giving us chances to meet people, observe their customs and ways of living, and compare them with our own habits from a fresh perspective.

b. Two problems caused by excessive tourism are litter and water shortage. It may also create traffic and damage natural surroundings.

c. Responsible tourism means travelling in a sensible way that respects local people and customs, reduces harm to the environment, avoids wasting resources and supports local communities.

d. Travel teaches adaptability because plans may change and travellers may face unfamiliar languages or food. Learning to respond calmly and adjust to these situations develops adaptability.

e. Responsible Travel: Learning and Caring.